INGREDIENTS, ALLERGEN AND NUTRITIONAL GUIDE

2025

* = containing allergen P = cross contamination risk at mfg site

Product	This Product Contains											Suitable for				
Product Name	Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Sesame	Molluscs	Vegetarian	Vegan
NEW Teacake	*	P	P	P			*								*	*

PRODUCT	INGREDIENTS	NUT	NUTRITIONAL INFO		
			per 100g	per portion (g)	
NEW Teacake (VG)		KJ	1129	1750	
	White WHEAT Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sultanas (Sultanas, Sunflower Oil), Spiced Bun Paste (Vegetable Oils (Rapeseed, RSPO Palm Oil), Dextrose, Salt, Mono- and diglycerides of Fatty Acids, Flavouring, Flour Treatment Agent (Ascorbic	Kcal	270	419	
		Fat	5.0	7.6	
	Acid), Food Enzyme (WHEAT), Colour (Beta Carotene)), Sugar, Currants (Currants, Sunflower Oil), Mixed Peel (Orange Peel, Sugar, Glucose, Fructose Syrup, Lemon Peel, Acidity Regulator: Citric Acid), SOYA Flour, Yeast, Plant Based Fat (Vegetable Oils and Fats (Shea, Coconut,	Sat	2.2	3.4	
	Sunflower), Water, Natural Flavour), Salt, Flour Improver (WHEAT Flour, Ascorbic Acid), May contain MILK, EGG, and TREE NUTS.	Carbs	52.2	80.9	
		Sugar	16.6	25.7	
		Protein	6.5	10.1	
		Salt	1.58	2.45	
		Portion weight (g)		155	

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