

November 2023

Within this guide you will find Allergen and Nutritional information for our core beverage range with all milk variants and milk alternatives that we offer within our stores.

LATTE

Espresso and steamed milk

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | |
|-------------------------|-----------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|-----|-------------|------|-----|------|-------|-------|---------|------|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt |
| Latte - Whole Milk | MILK | Regular | 241 | 57 | 3.2 | 2.0 | 4.1 | 4.0 | 0.0 | 3.0 | 0.10 | 655 | 156 | 8.8 | 5.6 | 11.2 | 10.8 | 0.0 | 8.3 | 0.26 |
| | | Large | 245 | 58 | 3.3 | 2.1 | 4.2 | 4.0 | 0.0 | 3.1 | 0.10 | 787 | 188 | 10.6 | 6.7 | 13.4 | 13.0 | 0.0 | 9.9 | 0.31 |
| Latte - Skimmed Milk | MILK | Regular | 138 | 33 | 0.3 | 0.1 | 4.3 | 4.2 | 0.0 | 3.1 | 0.10 | 375 | 89 | 0.8 | 0.4 | 11.6 | 11.3 | 0.0 | 8.5 | 0.27 |
| | | Large | 139 | 33 | 0.3 | 0.1 | 4.3 | 4.2 | 0.0 | 3.2 | 0.10 | 448 | 107 | 1.0 | 0.4 | 13.9 | 13.6 | 0.0 | 10.2 | 0.33 |
| Latte - Soya | SOYA | Regular | 164 | 39 | 1.7 | 0.3 | 2.6 | 2.3 | 0.5 | 3.0 | 0.07 | 447 | 106 | 4.7 | 0.8 | 7.1 | 6.3 | 1.4 | 8.3 | 0.20 |
| | | Large | 166 | 39 | 1.8 | 0.3 | 2.6 | 2.3 | 0.5 | 3.1 | 0.07 | 535 | 127 | 5.6 | 0.9 | 8.4 | 7.5 | 1.7 | 9.9 | 0.23 |
| Latte - Coconut | OAT | Regular | 223 | 53 | 1.3 | 1.1 | 9.9 | 3.7 | 0.4 | 0.2 | 0.07 | 607 | 144 | 3.5 | 2.9 | 27.0 | 10.1 | 1.0 | 0.6 | 0.20 |
| | | Large | 227 | 54 | 1.3 | 1.1 | 10.1 | 3.8 | 0.4 | 0.2 | 0.07 | 729 | 173 | 4.2 | 3.5 | 32.5 | 12.1 | 1.2 | 0.6 | 0.23 |
| Latte - Gluten Free Oat | OAT | Regular | 232 | 56 | 2.8 | 0.4 | 7.2 | 3.4 | 0.0 | 0.4 | 0.09 | 631 | 152 | 7.6 | 1.0 | 19.6 | 9.4 | 0.0 | 1.1 | 0.25 |
| | | Large | 236 | 57 | 2.8 | 0.4 | 7.3 | 3.5 | 0.0 | 0.4 | 0.09 | 758 | 182 | 9.1 | 1.2 | 23.5 | 11.3 | 0.0 | 1.2 | 0.30 |

Please note: Although we use Gluten Free Oat Milk we still OAT as an allergen as Oats contain a protein called Avenin which some people are sensitive to.

The allergens that are featured within this guide are in accordance with the EU Food Information Regulations:

- Cereals containing Gluten including Wheat, Rye, Barley, Oats
- Eggs
- Milk
- Tree nuts including Almonds, Hazelnuts, Pistachios, Walnuts
- Peanuts
- Fish
- Soya
- Celery
- Sulphur Dioxide and Sulphites
- Mustard
- Lupin
- Crustaceans e.g. Prawns
- Sesame seeds
- Molluscs e.g. Mussels

We take care to list all allergens in our drinks, however we cannot guarantee a 100% allergen free environment as we use shared equipment to display, prepare and serve.

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PISTACHIO MERRY MOCHA

Espresso and Rich Hot Chocolate with Pistachio Syrup, topped with Whipped Cream and Dark Chocolate Curls

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | |
|---|----------------------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|------|-------------|------|------|------|-------|-------|---------|------|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt |
| Pistachio Merry Mocha - Whole Milk | MILK, SOYA | Regular | 669 | 160 | 9.8 | 6.1 | 14.2 | 13.6 | 1.1 | 3.3 | 0.21 | 1698 | 407 | 24.9 | 15.6 | 36.1 | 34.5 | 2.7 | 8.3 | 0.54 |
| | | Large | 611 | 146 | 8.0 | 5.0 | 14.7 | 14.1 | 1.1 | 3.4 | 0.22 | 2148 | 514 | 28.2 | 17.6 | 51.6 | 49.4 | 3.8 | 11.8 | 0.79 |
| Pistachio Merry Mocha - Skimmed Milk | MILK, SOYA | Regular | 598 | 143 | 7.9 | 4.9 | 14.2 | 13.6 | 1.1 | 3.3 | 0.22 | 1518 | 364 | 20.0 | 12.3 | 36.1 | 34.5 | 2.7 | 8.5 | 0.55 |
| | | Large | 533 | 127 | 5.9 | 3.6 | 14.7 | 14.1 | 1.1 | 3.4 | 0.23 | 1872 | 448 | 20.6 | 12.7 | 51.6 | 49.4 | 3.8 | 12.0 | 0.80 |
| Pistachio Merry Mocha - Soya | MILK, SOYA | Regular | 615 | 147 | 8.8 | 5.0 | 13.1 | 12.3 | 1.4 | 3.3 | 0.21 | 1562 | 374 | 22.4 | 12.6 | 33.3 | 31.3 | 3.6 | 8.3 | 0.53 |
| | | Large | 552 | 132 | 6.9 | 3.7 | 13.4 | 12.7 | 1.5 | 3.4 | 0.22 | 1939 | 464 | 24.3 | 13.1 | 47.2 | 44.5 | 5.1 | 11.8 | 0.78 |
| Pistachio Merry Mocha - Coconut | MILK, SOYA, OAT** | Regular | 592 | 142 | 8.5 | 5.2 | 13.5 | 12.8 | 1.2 | 2.2 | 0.21 | 1505 | 361 | 21.6 | 13.2 | 34.2 | 32.5 | 3.0 | 5.6 | 0.53 |
| | | Large | 527 | 126 | 6.6 | 4.0 | 13.8 | 13.2 | 1.2 | 2.2 | 0.22 | 1852 | 443 | 23.1 | 14.0 | 48.6 | 46.4 | 4.2 | 7.7 | 0.78 |
| Pistachio Merry Mocha - Gluten Free Oat | MILK, SOYA, OAT | Regular | 660 | 159 | 9.5 | 5.0 | 16.2 | 13.1 | 1.1 | 1.5 | 0.21 | 1677 | 403 | 24.2 | 12.7 | 41.1 | 33.3 | 2.7 | 3.8 | 0.53 |
| | | Large | 602 | 144 | 7.7 | 3.8 | 16.8 | 13.5 | 1.1 | 1.4 | 0.22 | 2116 | 508 | 27.1 | 13.3 | 59.2 | 47.5 | 3.8 | 4.9 | 0.78 |

PISTACHIO MERRY MOCHA

Espresso and Rich Hot Chocolate with Pistachio Syrup, topped with Dark Chocolate Curls

Please not the nutritional and allergen information below does not include Whipped Cream

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | |
|---|-------------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|------|-------------|------|-----|------|-------|-------|---------|------|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt |
| Pistachio Merry Mocha - Whole Milk | MILK, SOYA | Regular | 475 | 113 | 3.3 | 2.0 | 16.7 | 15.9 | 1.3 | 3.6 | 0.25 | 994 | 236 | 6.8 | 4.3 | 35.0 | 33.3 | 2.7 | 7.4 | 0.51 |
| | | Large | 471 | 112 | 3.3 | 2.1 | 16.4 | 15.7 | 1.2 | 3.6 | 0.25 | 1444 | 343 | 10.1 | 6.3 | 50.4 | 48.2 | 3.8 | 10.9 | 0.76 |
| Pistachio Merry Mocha - Skimmed Milk | MILK, SOYA | Regular | 389 | 92 | 0.9 | 0.5 | 16.7 | 15.9 | 1.3 | 3.6 | 0.25 | 814 | 193 | 1.9 | 1.0 | 35.0 | 33.3 | 2.7 | 7.6 | 0.52 |
| | | Large | 381 | 90 | 0.8 | 0.5 | 16.4 | 15.7 | 1.2 | 3.6 | 0.25 | 1168 | 277 | 2.5 | 1.4 | 50.4 | 48.2 | 3.8 | 11.1 | 0.77 |
| Pistachio Merry Mocha - Soya | SOYA | Regular | 410 | 97 | 2.1 | 0.6 | 15.4 | 14.4 | 1.7 | 3.6 | 0.24 | 857 | 203 | 4.3 | 1.3 | 32.1 | 30.2 | 3.6 | 7.4 | 0.51 |
| | | Large | 403 | 96 | 2.0 | 0.6 | 15.0 | 14.2 | 1.7 | 3.6 | 0.24 | 1234 | 293 | 6.2 | 1.8 | 46.0 | 43.4 | 5.1 | 10.9 | 0.75 |
| Pistachio Merry Mocha - Coconut | SOYA, OAT** | Regular | 383 | 91 | 1.7 | 0.9 | 15.8 | 15.0 | 1.4 | 2.3 | 0.24 | 800 | 190 | 3.5 | 1.9 | 33.0 | 31.4 | 3.0 | 4.7 | 0.51 |
| | | Large | 374 | 89 | 1.7 | 0.9 | 15.5 | 14.8 | 1.4 | 2.2 | 0.24 | 1147 | 272 | 5.1 | 2.7 | 47.4 | 45.2 | 4.2 | 6.8 | 0.75 |
| Pistachio Merry Mocha - Gluten Free Oat | SOYA, OAT | Regular | 465 | 111 | 2.9 | 0.7 | 19.1 | 15.4 | 1.3 | 1.4 | 0.24 | 973 | 232 | 6.1 | 1.4 | 39.9 | 32.1 | 2.7 | 2.9 | 0.51 |
| | | Large | 460 | 110 | 2.9 | 0.7 | 18.9 | 15.1 | 1.2 | 1.3 | 0.24 | 1411 | 337 | 9.0 | 2.0 | 58.0 | 46.4 | 3.8 | 4.0 | 0.75 |

** We have changed supply for the coconut milk alternative. Our new Alpro coconut milk has different allergen information. If you require further information, please ask one of our baristas or visit our website

FESTIVE GINGERBREAD LATTE

Espresso and Steamed Milk with Gingerbread Syrup and topped with Whipped Cream, Cinnamon, and Gingerbread Men

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | | | |
|--|-----------------------------|---------|-----------|------|------|-----|------|-------|-------|---------|------|------|-------------|------|------|------|-------|-------|---------|------|--|--|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | | |
| Festive Gingerbread Latte - Whole Milk | WHEAT, MILK | Regular | 623 | 150 | 10.4 | 6.4 | 10.9 | 9.0 | 0.5 | 2.8 | 0.11 | 1490 | 358 | 24.8 | 15.3 | 26.0 | 21.4 | 1.2 | 6.7 | 0.27 | | |
| | | Large | 548 | 131 | 8.5 | 5.2 | 10.6 | 9.2 | 0.4 | 2.9 | 0.11 | 1790 | 429 | 27.7 | 17.1 | 34.6 | 30.1 | 1.2 | 9.4 | 0.35 | | |
| Festive Gingerbread Latte - Skimmed Milk | WHEAT, MILK | Regular | 548 | 131 | 8.3 | 5.0 | 10.9 | 9.0 | 0.5 | 2.9 | 0.12 | 1310 | 314 | 19.9 | 12.0 | 26.0 | 21.4 | 1.2 | 6.9 | 0.28 | | |
| | | Large | 464 | 111 | 6.2 | 3.7 | 10.6 | 9.2 | 0.4 | 2.9 | 0.11 | 1514 | 363 | 20.1 | 12.1 | 34.6 | 30.1 | 1.2 | 9.6 | 0.37 | | |
| Festive Gingerbread Latte - Soya | WHEAT, MILK, SOYA | Regular | 566 | 136 | 9.3 | 5.1 | 9.7 | 7.6 | 0.9 | 2.8 | 0.11 | 1353 | 325 | 22.3 | 12.3 | 23.1 | 18.3 | 2.1 | 6.7 | 0.26 | | |
| | | Large | 484 | 116 | 7.3 | 3.8 | 9.3 | 7.7 | 0.8 | 2.9 | 0.11 | 1581 | 379 | 23.8 | 12.5 | 30.2 | 25.2 | 2.6 | 9.4 | 0.34 | | |
| Festive Gingerbread Latte - Coconut | WHEAT, MILK, SOYA, OAT** | Regular | 542 | 130 | 9.0 | 5.4 | 10.0 | 8.1 | 0.6 | 1.7 | 0.11 | 1296 | 311 | 21.5 | 12.9 | 24.0 | 19.5 | 1.5 | 4.0 | 0.26 | | |
| | | Large | 457 | 110 | 6.9 | 4.1 | 9.7 | 8.3 | 0.5 | 1.6 | 0.11 | 1494 | 358 | 22.6 | 13.5 | 31.6 | 27.1 | 1.7 | 5.2 | 0.34 | | |
| Festive Gingerbread Latte - Gluten Free Oat | WHEAT, OAT, MILK | Regular | 614 | 148 | 10.1 | 5.2 | 12.9 | 8.5 | 0.5 | 0.9 | 0.11 | 1469 | 353 | 24.1 | 12.4 | 30.9 | 20.2 | 1.2 | 2.2 | 0.26 | | |
| | | Large | 538 | 129 | 8.1 | 3.9 | 12.9 | 8.6 | 0.4 | 0.8 | 0.11 | 1758 | 422 | 26.5 | 12.8 | 42.2 | 28.2 | 1.2 | 2.5 | 0.34 | | |

FESTIVE GINGERBREAD LATTE

Espresso and Steamed Milk with Gingerbread Syrup and topped with Cinnamon and Gingerbread Men

Please not the nutritional and allergen information below does not include Whipped Cream

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | | | |
|--|-----------------------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|------|-------------|-----|-----|------|-------|-------|---------|------|--|--|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | | |
| Festive Gingerbread Latte - Whole Milk | WHEAT, MILK | Regular | 405 | 96 | 3.5 | 2.1 | 12.8 | 10.4 | 0.6 | 3.0 | 0.12 | 785 | 187 | 6.7 | 4.0 | 24.8 | 20.2 | 1.2 | 5.8 | 0.24 | | |
| | | Large | 386 | 92 | 3.4 | 2.1 | 11.9 | 10.3 | 0.4 | 3.0 | 0.12 | 1086 | 258 | 9.6 | 5.8 | 33.4 | 28.9 | 1.2 | 8.5 | 0.33 | | |
| Festive Gingerbread Latte - Skimmed Milk | WHEAT, MILK | Regular | 312 | 74 | 0.9 | 0.4 | 12.8 | 10.4 | 0.6 | 3.1 | 0.13 | 605 | 143 | 1.8 | 0.7 | 24.8 | 20.2 | 1.2 | 6.0 | 0.25 | | |
| | | Large | 288 | 68 | 0.7 | 0.3 | 11.9 | 10.3 | 0.4 | 3.1 | 0.12 | 810 | 192 | 2.0 | 0.9 | 33.4 | 28.9 | 1.2 | 8.7 | 0.34 | | |
| Festive Gingerbread Latte - Soya | WHEAT, SOYA | Regular | 334 | 79 | 2.2 | 0.5 | 11.3 | 8.8 | 1.1 | 3.0 | 0.12 | 648 | 154 | 4.2 | 1.0 | 21.9 | 17.1 | 2.1 | 5.8 | 0.23 | | |
| | | Large | 311 | 74 | 2.0 | 0.4 | 10.3 | 8.5 | 0.9 | 3.0 | 0.11 | 876 | 208 | 5.7 | 1.2 | 29.1 | 24.1 | 2.6 | 8.5 | 0.32 | | |
| Festive Gingerbread Latte - Coconut | WHEAT, SOYA, OAT** | Regular | 305 | 72 | 1.8 | 0.8 | 11.8 | 9.4 | 0.8 | 1.6 | 0.12 | 591 | 140 | 3.4 | 1.6 | 22.8 | 18.3 | 1.5 | 3.1 | 0.23 | | |
| | | Large | 280 | 66 | 1.6 | 0.8 | 10.8 | 9.2 | 0.6 | 1.5 | 0.11 | 789 | 187 | 4.5 | 2.2 | 30.4 | 25.9 | 1.7 | 4.3 | 0.32 | | |
| Festive Gingerbread Latte - Gluten Free Oat | WHEAT, OAT | Regular | 394 | 94 | 3.1 | 0.6 | 15.3 | 9.8 | 0.6 | 0.7 | 0.12 | 764 | 182 | 6.0 | 1.2 | 29.7 | 19.0 | 1.2 | 1.3 | 0.23 | | |
| | | Large | 374 | 89 | 3.0 | 0.5 | 14.6 | 9.6 | 0.4 | 0.6 | 0.11 | 1053 | 251 | 8.5 | 1.5 | 41.0 | 27.0 | 1.2 | 1.6 | 0.32 | | |

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MILLIONAIRES SHORTBREAD CHOCOLATE

Rich Hot Chocolate with Salted Caramel Syrup and Speculoos Syrup, topped with Whipped Cream, Dark Chocolate Sauce, Caramel Sauce and Biscuit Crumb

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | |
|---|--------------------------|---------|-----------|------|------|-----|------|-------|-------|---------|------|------|-------------|------|------|------|-------|-------|---------|------|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt |
| Millionaires Shortbread Chocolate - Whole Milk | MILK, WHEAT | Regular | 741 | 177 | 10.4 | 6.4 | 17.1 | 14.3 | 1.2 | 3.3 | 0.26 | 1815 | 435 | 25.4 | 15.8 | 41.9 | 35.0 | 2.9 | 8.2 | 0.63 |
| | | Large | 642 | 154 | 8.4 | 5.2 | 15.6 | 13.1 | 1.2 | 3.4 | 0.27 | 2200 | 526 | 28.6 | 17.8 | 53.5 | 45.0 | 4.0 | 11.6 | 0.93 |
| Millionaires Shortbread Chocolate - Skimmed Milk | MILK, WHEAT | Regular | 669 | 160 | 8.3 | 5.1 | 17.2 | 14.4 | 1.2 | 3.4 | 0.26 | 1639 | 393 | 20.4 | 12.5 | 42.2 | 35.3 | 2.9 | 8.4 | 0.63 |
| | | Large | 564 | 135 | 6.1 | 3.8 | 15.7 | 13.3 | 1.2 | 3.5 | 0.27 | 1931 | 462 | 21.1 | 12.9 | 53.9 | 45.5 | 4.0 | 11.8 | 0.90 |
| Millionaires Shortbread Chocolate - Soya | MILK, SOYA, WHEAT | Regular | 688 | 164 | 9.3 | 5.2 | 16.1 | 13.1 | 1.6 | 3.3 | 0.24 | 1684 | 403 | 22.8 | 12.8 | 39.4 | 32.1 | 3.8 | 8.2 | 0.59 |
| | | Large | 584 | 140 | 7.2 | 3.9 | 14.5 | 11.9 | 1.6 | 3.4 | 0.25 | 2000 | 478 | 24.7 | 13.2 | 49.6 | 40.6 | 5.4 | 11.6 | 0.87 |
| Millionaires Shortbread Chocolate - Coconut | WHEAT, MILK, SOYA, OAT** | Regular | 664 | 159 | 9.0 | 5.5 | 16.4 | 13.6 | 1.3 | 2.2 | 0.25 | 1627 | 390 | 22.1 | 13.4 | 40.3 | 33.3 | 3.2 | 5.5 | 0.62 |
| | | Large | 558 | 133 | 6.9 | 4.1 | 14.9 | 12.4 | 1.3 | 2.2 | 0.27 | 1913 | 457 | 23.6 | 14.2 | 50.9 | 42.5 | 4.5 | 7.5 | 0.92 |
| Millionaires Shortbread Chocolate - Gluten Free Oat | MILK, OAT, WHEAT | Regular | 735 | 176 | 10.0 | 5.3 | 19.3 | 13.9 | 1.2 | 1.5 | 0.25 | 1800 | 432 | 24.6 | 12.9 | 47.2 | 34.1 | 2.9 | 3.7 | 0.62 |
| | | Large | 636 | 152 | 8.0 | 3.9 | 18.0 | 12.7 | 1.2 | 1.4 | 0.27 | 2177 | 522 | 27.5 | 13.5 | 61.5 | 43.6 | 4.0 | 4.7 | 0.92 |

MILLIONAIRES SHORTBREAD CHOCOLATE

Rich Hot Chocolate with Salted Caramel Syrup and Speculoos Syrup, topped with Dark Chocolate Sauce, Caramel Sauce and Biscuit Crumb

Please not the nutritional and allergen information below does not include Whipped Cream

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | |
|---|--------------------------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|------|-------------|------|-----|------|-------|-------|---------|------|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt |
| Millionaires Shortbread Chocolate - Whole Milk | MILK, WHEAT | Regular | 555 | 132 | 3.6 | 2.2 | 20.4 | 16.9 | 1.5 | 3.7 | 0.27 | 1110 | 264 | 7.3 | 4.5 | 40.7 | 33.8 | 2.9 | 7.3 | 0.54 |
| | | Large | 503 | 119 | 3.5 | 2.2 | 17.6 | 14.7 | 1.4 | 3.6 | 0.28 | 1496 | 355 | 10.6 | 6.5 | 52.3 | 43.8 | 4.0 | 10.7 | 0.84 |
| Millionaires Shortbread Chocolate - Skimmed Milk | MILK, WHEAT | Regular | 467 | 111 | 1.2 | 0.6 | 20.5 | 17.1 | 1.5 | 3.7 | 0.27 | 935 | 222 | 2.3 | 1.2 | 41.0 | 34.1 | 2.9 | 7.5 | 0.54 |
| | | Large | 412 | 98 | 1.0 | 0.5 | 17.7 | 14.9 | 1.4 | 3.7 | 0.29 | 1227 | 291 | 3.0 | 1.6 | 52.8 | 44.3 | 4.0 | 10.9 | 0.85 |
| Millionaires Shortbread Chocolate - Soya | MILK, SOYA, WHEAT | Regular | 490 | 116 | 2.4 | 0.7 | 19.1 | 15.5 | 1.9 | 3.7 | 0.25 | 980 | 232 | 4.7 | 1.5 | 38.2 | 31.0 | 3.8 | 7.3 | 0.50 |
| | | Large | 435 | 103 | 2.2 | 0.7 | 16.3 | 13.3 | 1.8 | 3.6 | 0.26 | 1296 | 307 | 6.6 | 2.0 | 48.4 | 39.5 | 5.4 | 10.7 | 0.78 |
| Millionaires Shortbread Chocolate - Coconut | WHEAT, MILK, SOYA, OAT** | Regular | 461 | 109 | 2.0 | 1.0 | 19.5 | 16.1 | 1.6 | 2.3 | 0.26 | 923 | 218 | 4.0 | 2.1 | 39.1 | 32.2 | 3.2 | 4.6 | 0.53 |
| | | Large | 406 | 96 | 1.8 | 1.0 | 16.7 | 13.9 | 1.5 | 2.2 | 0.28 | 1208 | 286 | 5.5 | 2.9 | 49.8 | 41.3 | 4.5 | 6.6 | 0.83 |
| Millionaires Shortbread Chocolate - Gluten Free Oat | MILK, OAT, WHEAT | Regular | 548 | 130 | 3.3 | 0.8 | 23.0 | 16.5 | 1.5 | 1.4 | 0.26 | 1095 | 260 | 6.5 | 1.6 | 46.0 | 32.9 | 2.9 | 2.8 | 0.53 |
| | | Large | 495 | 118 | 3.2 | 0.7 | 20.3 | 14.3 | 1.4 | 1.3 | 0.28 | 1473 | 351 | 9.4 | 2.2 | 60.4 | 42.5 | 4.0 | 3.8 | 0.83 |

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November 2023

STICKY TOFFEE LATTE

Espresso and Steamed Milk with Butterscotch Syrup and topped with Whipped Cream and Caramel Sauce

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | | | |
|---------------------------------------|-------------------|---------|-----------|------|------|-----|------|-------|-------|---------|------|------|-------------|------|------|------|-------|-------|---------|------|--|--|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | | |
| Sticky Toffee Latte - Whole Milk | MILK | Regular | 579 | 139 | 10.2 | 6.4 | 8.9 | 8.6 | 0.0 | 2.7 | 0.09 | 1337 | 321 | 23.6 | 14.8 | 20.6 | 19.9 | 0.0 | 6.3 | 0.21 | | |
| | | Large | 514 | 123 | 8.3 | 5.2 | 9.2 | 9.0 | 0.0 | 2.8 | 0.09 | 1637 | 392 | 26.5 | 16.6 | 29.2 | 28.6 | 0.0 | 8.9 | 0.29 | | |
| Sticky Toffee Latte - Skimmed Milk | MILK | Regular | 501 | 120 | 8.1 | 5.0 | 8.9 | 8.6 | 0.0 | 2.8 | 0.09 | 1157 | 278 | 18.7 | 11.5 | 20.6 | 19.9 | 0.0 | 6.4 | 0.22 | | |
| | | Large | 427 | 102 | 5.9 | 3.7 | 9.2 | 9.0 | 0.0 | 2.9 | 0.10 | 1361 | 326 | 18.9 | 11.6 | 29.2 | 28.6 | 0.0 | 9.1 | 0.30 | | |
| Sticky Toffee Latte - Soya | MILK, SOYA | Regular | 520 | 125 | 9.1 | 5.1 | 7.7 | 7.3 | 0.4 | 2.7 | 0.09 | 1200 | 288 | 21.1 | 11.8 | 17.8 | 16.8 | 0.9 | 6.3 | 0.20 | | |
| | | Large | 448 | 107 | 7.1 | 3.8 | 7.8 | 7.5 | 0.4 | 2.8 | 0.09 | 1427 | 342 | 22.6 | 12.0 | 24.9 | 23.7 | 1.4 | 8.9 | 0.28 | | |
| Sticky Toffee Latte - Coconut | MILK, SOYA, OAT** | Regular | 495 | 119 | 8.8 | 5.4 | 8.1 | 7.8 | 0.1 | 1.5 | 0.09 | 1143 | 275 | 20.3 | 12.4 | 18.7 | 18.0 | 0.3 | 3.6 | 0.20 | | |
| | | Large | 421 | 101 | 6.7 | 4.1 | 8.2 | 8.0 | 0.1 | 1.5 | 0.09 | 1340 | 321 | 21.4 | 12.9 | 26.2 | 25.6 | 0.5 | 4.8 | 0.28 | | |
| Sticky Toffee Latte - Gluten Free Oat | MILK, OAT | Regular | 570 | 137 | 9.9 | 5.2 | 11.1 | 8.1 | 0.0 | 0.8 | 0.09 | 1316 | 317 | 22.9 | 11.9 | 25.6 | 18.7 | 0.0 | 1.8 | 0.20 | | |
| | | Large | 504 | 121 | 8.0 | 3.8 | 11.6 | 8.4 | 0.0 | 0.6 | 0.09 | 1604 | 386 | 25.4 | 12.2 | 36.8 | 26.7 | 0.0 | 2.0 | 0.28 | | |

STICKY TOFFEE LATTE

Espresso and Steamed Milk with Butterscotch Syrup and topped with Caramel Sauce

Please not the nutritional and allergen information below does not include Whipped Cream

| PRODUCT | ALLERGENS | SIZE | Per 100ml | | | | | | | | | | Per product | | | | | | | | | |
|---------------------------------------|-------------------|---------|-----------|------|-----|-----|------|-------|-------|---------|------|-----|-------------|-----|-----|------|-------|-------|---------|------|--|--|
| | | | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | KJ | Kcal | Fat | Sat | Carb | Sugar | Fibre | Protein | Salt | | |
| Sticky Toffee Latte - Whole Milk | MILK | Regular | 340 | 81 | 3.0 | 1.9 | 10.5 | 10.1 | 0.0 | 2.9 | 0.10 | 632 | 150 | 5.5 | 3.5 | 19.4 | 18.8 | 0.0 | 5.4 | 0.18 | | |
| | | Large | 341 | 81 | 3.1 | 1.9 | 10.3 | 10.0 | 0.0 | 2.9 | 0.10 | 932 | 221 | 8.4 | 5.3 | 28.1 | 27.4 | 0.0 | 8.0 | 0.27 | | |
| Sticky Toffee Latte - Skimmed Milk | MILK | Regular | 243 | 57 | 0.3 | 0.1 | 10.5 | 10.1 | 0.0 | 3.0 | 0.10 | 452 | 107 | 0.6 | 0.2 | 19.4 | 18.8 | 0.0 | 5.5 | 0.19 | | |
| | | Large | 240 | 57 | 0.3 | 0.1 | 10.3 | 10.0 | 0.0 | 3.0 | 0.10 | 656 | 155 | 0.8 | 0.3 | 28.1 | 27.4 | 0.0 | 8.2 | 0.28 | | |
| Sticky Toffee Latte - Soya | MILK, SOYA | Regular | 266 | 63 | 1.6 | 0.3 | 8.9 | 8.4 | 0.5 | 2.9 | 0.09 | 496 | 117 | 3.0 | 0.5 | 16.6 | 15.6 | 0.9 | 5.4 | 0.17 | | |
| | | Large | 264 | 62 | 1.7 | 0.3 | 8.7 | 8.3 | 0.5 | 2.9 | 0.09 | 723 | 171 | 4.5 | 0.7 | 23.7 | 22.6 | 1.4 | 8.0 | 0.25 | | |
| Sticky Toffee Latte - Coconut | MILK, SOYA, OAT** | Regular | 236 | 56 | 1.2 | 0.6 | 9.4 | 9.1 | 0.2 | 1.4 | 0.09 | 439 | 104 | 2.2 | 1.1 | 17.5 | 16.8 | 0.3 | 2.7 | 0.17 | | |
| | | Large | 232 | 55 | 1.2 | 0.6 | 9.2 | 8.9 | 0.2 | 1.4 | 0.09 | 635 | 150 | 3.4 | 1.6 | 25.1 | 24.4 | 0.5 | 3.9 | 0.25 | | |
| Sticky Toffee Latte - Gluten Free Oat | MILK, OAT | Regular | 329 | 78 | 2.6 | 0.3 | 13.1 | 9.5 | 0.0 | 0.5 | 0.09 | 611 | 146 | 4.8 | 0.6 | 24.4 | 17.6 | 0.0 | 0.9 | 0.17 | | |
| | | Large | 329 | 78 | 2.7 | 0.4 | 13.0 | 9.4 | 0.0 | 0.4 | 0.09 | 900 | 215 | 7.3 | 1.0 | 35.7 | 25.6 | 0.0 | 1.1 | 0.25 | | |

*** We have changed supply for the coconut milk alternative. Our new Alpro coconut milk has different allergen information. If you require further information, please ask one of our baristas or visit our website*