

### Christmas Cappuccino

Coffee One House Espresso with foamed milk, Egg Nogg syrup, topped with whipped cream and dusting of cinnamon.

#### Regular Christmas Cappuccino with Whole Milk (with Whipped Cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	508	1107
Kcal	122	265
Fat	7.9	17.2
Sat	4.9	10.8
Carb	9.8	21.4
Sugar	9.6	20.8
Fibre	0.5	1.1
Protein	2.6	5.7
Salt	0.1	0.2

#### Large Christmas Cappuccino with Whole Milk (with Whipped Cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	500	1436
Kcal	120	344
Fat	7.3	20.9
Sat	4.6	13.1
Carb	10.7	30.7
Sugar	10.5	30.1
Fibre	0.4	1.1
Protein	7.3	7.7
Salt	0.1	0.3

#### Regular Christmas Cappuccino with Skimmed Milk (with Whipped Cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	425	927
Kcal	102	222
Fat	5.6	12.1
Sat	3.4	7.5
Carb	9.9	21.7
Sugar	9.7	21.1
Fibre	0.5	1.1
Protein	2.7	5.9
Salt	0.1	0.2

#### Large Christmas Cappuccino with Skimmed Milk (with Whipped Cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	414	1188
Kcal	99	284
Fat	4.9	13.9
Sat	3.0	8.6
Carb	10.8	31.1
Sugar	10.6	30.6
Fibre	0.4	1.1
Protein	2.8	7.9
Salt	0.1	0.3

#### Regular Christmas Cappuccino with Whole Milk (no cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	347	659
Kcal	82	157
Fat	1.9	5.6
Sat	0.8	3.6
Carb	10.9	20.7
Sugar	10.6	20.2
Fibre	0.6	1.1
Protein	2.7	5.2
Salt	0.1	0.2

#### Large Christmas Cappuccino with Whole Milk (no cream)

Allergens: Milk

Per 100g Per product

	Per 100g	Per product
KJ	363	921
Kcal	86	219
Fat	3.0	7.7
Sat	1.9	4.9
Carb	11.7	29.8
Sugar	11.5	29.3
Fibre	0.4	1.1
Protein	2.8	7.1
Salt	0.1	0.2

#### Regular Christmas Cappuccino with Coconut Milk (no cream)

May contain traces of Nuts

Per 100g Per product

	Per 100g	Per product
KJ	313	596
Kcal	74	141
Fat	1.0	1.9
Sat	0.8	1.6
Carb	15.8	30.0
Sugar	10.5	19.9
Fibre	1.1	2.2
Protein	0.1	0.1
Salt	0.1	0.2

#### Large Christmas Cappuccino with Coconut Milk (no cream)

May contain traces of Nuts

Per 100g Per product

	Per 100g	Per product
KJ	329	834
Kcal	78	198
Fat	1.0	2.6
Sat	0.8	2.1
Carb	16.7	42.5
Sugar	11.4	28.9
Fibre	1.0	2.6
Protein	0.0	0.1
Salt	0.1	0.2

#### Regular Christmas Cappuccino with Soya Milk (no cream)

Allergens: Soya

Per 100g Per product

	Per 100g	Per product
KJ	281	534
Kcal	67	127
Fat	1.6	3.0
Sat	0.3	0.5
Carb	9.8	18.5
Sugar	9.4	17.9
Fibre	1.1	2.0
Protein	2.7	5.2
Salt	0.0	0.0

#### Large Christmas Cappuccino with Soya Milk (no cream)

Allergens: Soya

Per 100g Per product

	Per 100g	Per product
KJ	295	750
Kcal	70	179
Fat	1.6	4.1
Sat	0.3	0.6
Carb	10.6	26.8
Sugar	10.3	26.1
Fibre	0.9	2.4
Protein	2.8	7.1
Salt	0.0	0.0

#### Regular Christmas Cappuccino with Oat Milk (no cream)

Allergens: Oats

Per 100g Per product

	Per 100g	Per product
KJ	279	531
Kcal	66	126
Fat	1.3	2.5
Sat	0.3	0.6
Carb	12.3	23.3
Sugar	10.4	19.7
Fibre	0.8	1.6
Protein	0.7	2.5
Salt	0.1	0.2

#### Large Christmas Cappuccino with Oat Milk (no cream)

Allergens: Oats

Per 100g Per product

	Per 100g	Per product
KJ	294	746
Kcal	69	176
Fat	1.4	3.4
Sat	0.3	0.9
Carb	13.1	33.4
Sugar	11.3	28.6
Fibre	0.7	1.7
Protein	0.7	1.8
Salt	0.1	0.2

### Orange Hot Chocolate

Hot dark chocolate, orange syrup, topped with whipped cream and golden balls

Please note that the Golden Balls contain **Wheat, Barley and Milk**.

#### Regular Orange Hot Chocolate with Whole Milk (with Whipped Cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	677	1800
<b>Kcal</b>	162	431
<b>Fat</b>	8.5	22.6
<b>Sat</b>	5.3	14.2
<b>Carb</b>	17.3	46.0
<b>Sugar</b>	15.1	40.2
<b>Fibre</b>	1.1	3.0
<b>Protein</b>	3.5	9.3
<b>Salt</b>	0.2	0.5

#### Large Orange Hot Chocolate with Whole Milk (with Whipped Cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	654	2259
<b>Kcal</b>	156	540
<b>Fat</b>	7.7	26.7
<b>Sat</b>	4.8	16.7
<b>Carb</b>	17.6	60.9
<b>Sugar</b>	15.5	53.5
<b>Fibre</b>	1.2	4.1
<b>Protein</b>	3.5	12.1
<b>Salt</b>	0.2	0.6

#### Regular Orange Hot Chocolate with Skimmed Milk (with Whipped Cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	596	1585
<b>Kcal</b>	143	379
<b>Fat</b>	6.2	16.5
<b>Sat</b>	3.8	10.2
<b>Carb</b>	17.4	46.4
<b>Sugar</b>	15.2	40.5
<b>Fibre</b>	1.1	3.0
<b>Protein</b>	3.6	9.5
<b>Salt</b>	0.2	0.5

#### Large Orange Hot Chocolate with Skimmed Milk (with Whipped Cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	572	1977
<b>Kcal</b>	137	472
<b>Fat</b>	5.4	18.7
<b>Sat</b>	3.3	11.5
<b>Carb</b>	17.8	61.4
<b>Sugar</b>	15.6	54.0
<b>Fibre</b>	1.2	4.1
<b>Protein</b>	3.6	12.3
<b>Salt</b>	0.2	0.6

#### Regular Orange Hot Chocolate with Whole Milk (no cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	569	1348
<b>Kcal</b>	135	321
<b>Fat</b>	4.6	11.0
<b>Sat</b>	2.9	6.9
<b>Carb</b>	19.1	45.2
<b>Sugar</b>	16.6	39.4
<b>Fibre</b>	1.3	3.0
<b>Protein</b>	3.7	8.8
<b>Salt</b>	0.2	0.4

#### Large Orange Hot Chocolate with Whole Milk (no cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Soya**.

	Per 100g	Per product
<b>KJ</b>	558	1745
<b>Kcal</b>	133	415
<b>Fat</b>	4.3	13.5
<b>Sat</b>	2.7	8.5
<b>Carb</b>	19.2	60.0
<b>Sugar</b>	16.9	52.7
<b>Fibre</b>	1.3	4.1
<b>Protein</b>	3.7	11.5
<b>Salt</b>	0.2	0.6

#### Regular Orange Hot Chocolate with Coconut Milk (no cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Nuts** and **Soya**.

	Per 100g	Per product
<b>KJ</b>	537	1273
<b>Kcal</b>	128	303
<b>Fat</b>	2.8	6.6
<b>Sat</b>	1.9	4.5
<b>Carb</b>	23.7	56.2
<b>Sugar</b>	16.5	39.1
<b>Fibre</b>	1.8	4.3
<b>Protein</b>	1.2	2.7
<b>Salt</b>	0.2	0.4

#### Large Orange Hot Chocolate with Coconut Milk (no cream)

Allergens: **Wheat, Barley, Milk**.  
May contain traces of **Nuts** and **Soya**.

	Per 100g	Per product
<b>KJ</b>	527	1646
<b>Kcal</b>	125	391
<b>Fat</b>	2.5	7.7
<b>Sat</b>	1.7	5.4
<b>Carb</b>	23.8	74.5
<b>Sugar</b>	16.7	52.2
<b>Fibre</b>	1.9	5.8
<b>Protein</b>	1.1	3.5
<b>Salt</b>	0.2	0.6

#### Regular Orange Hot Chocolate with Soya Milk (no cream)

Allergens: **Wheat, Barley, Milk, Soya**.  
May contain traces of **Nuts**.

	Per 100g	Per product
<b>KJ</b>	506	1200
<b>Kcal</b>	121	286
<b>Fat</b>	3.3	7.9
<b>Sat</b>	1.4	3.3
<b>Carb</b>	18.0	42.7
<b>Sugar</b>	15.5	36.7
<b>Fibre</b>	1.7	4.1
<b>Protein</b>	3.7	8.8
<b>Salt</b>	0.1	0.2

#### Large Orange Hot Chocolate with Soya Milk (no cream)

Allergens: **Wheat, Barley, Milk, Soya**.  
May contain traces of **Nuts**.

	Per 100g	Per product
<b>KJ</b>	496	1550
<b>Kcal</b>	118	369
<b>Fat</b>	3.0	9.4
<b>Sat</b>	1.2	3.7
<b>Carb</b>	18.1	56.6
<b>Sugar</b>	15.7	49.1
<b>Fibre</b>	1.8	5.6
<b>Protein</b>	3.7	11.5
<b>Salt</b>	0.1	0.3

#### Regular Orange Hot Chocolate with Oat Milk (no cream)

Allergens: **Wheat, Barley, Milk, Oats**.  
May contain traces of **Nuts** and **Soya**.

	Per 100g	Per product
<b>KJ</b>	505	1196
<b>Kcal</b>	120	284
<b>Fat</b>	3.1	7.3
<b>Sat</b>	1.5	3.4
<b>Carb</b>	20.4	48.3
<b>Sugar</b>	16.4	38.9
<b>Fibre</b>	1.5	3.6
<b>Protein</b>	1.8	4.2
<b>Salt</b>	0.2	0.4

#### Large Orange Hot Chocolate with Oat Milk (no cream)

Allergens: **Wheat, Barley, Milk, Oats**.  
May contain traces of **Nuts** and **Soya**.

	Per 100g	Per product
<b>KJ</b>	494	1545
<b>Kcal</b>	117	367
<b>Fat</b>	2.8	8.6
<b>Sat</b>	1.3	3.9
<b>Carb</b>	20.5	64.1
<b>Sugar</b>	16.6	52.0
<b>Fibre</b>	1.6	4.9
<b>Protein</b>	1.7	5.4
<b>Salt</b>	0.2	0.6